



INFORMATION RELEASE

GOING ON A TRIP? DID YOU PACK FOR YOUR NOSE?

Summer getaways often include airplane flights. Sure, you've packed a bathing suit, sneakers, shorts and essentials for fun but your fellow passengers may have also packed their germs. To avoid any setbacks due to sniffles, be prepared.

Lady Lake, Fla. (May 19, 2011) - The dry air in-flight or visits to high altitudes can leave nasal passages parched and irritated. Swollen sinuses can cause additional discomfort due to the change in pressure during takeoff and landing.

A couple of sprays of an herbal enhanced nasal spray such as [Dr. Neuzil's Irrigator](http://www.IrrigatorNasalSpray.com) (<http://www.IrrigatorNasalSpray.com>) will soothe and moisturize your nose making it easier to breath. The essential oils in Dr. Neuzil's Irrigator will help open you up, too, relieving pressure.

Consider this: your nose has natural protectants which help fight airborne bacteria and germs.

"When nasal passages dry out – as when you're on an airplane -- those natural protectants don't work as well," said Ed Neuzil, ARNP, PhD and founder of Dr. Neuzil's Irrigator. "Some think of airplanes as flying Petri dishes. Moisturizing nasal passages can help ward off the germs your fellow passengers brought on board with them."

A nasal spray like Dr. Neuzil's Irrigator can help. Spray it in your nose before takeoff for added protection. Also, drink lots of water, bring a mask to wear, and antiseptic wipes for surfaces you'll touch.

- Dr. Neuzil's Irrigator nasal cleansing spray is an easy, refreshing sinus rinse which helps alleviate contaminants that cause nasal discomfort while moisturizing your nasal passages so you can breathe easier and enjoy your vacation.
- It is a saline-based formula with [essential oils](#) added (wintergreen, eucalyptol, pine, cinnamon, and spearmint) to help open up nasal passages while providing soothing relief.
- Dr. Neuzil's Irrigator has all natural active ingredients which means it can be used as often as needed, up to six times a day. It is approved for children four and up.
- The 1 fl.oz. bottle is TSA-approved and fits easily into a pocket, handbag, golf bag, and carry on.

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